



Stainland Lions Boxing Day Fun Run

Friday 26 December 2008 at 11:00

from the Red Lion, Stainland Road, Stainland, Near Halifax (SE 075 106 GB)

Please arrive at the venue early. Parking is limited – first come first served, from 9:00am. Please register in any event before 10:30am.

- The run is on public roads not be closed to other. Please run as directed by our stewards, and if possible wear high visibility clothing.
- The course includes a hill and is about three miles long. We do not expect all entrants to run the entire course. If you have any condition suggesting the need for care, please take part only after taking appropriate medical advice.
- The run is in mid winter and on top of the Pennines. Please wear appropriate clothing. Fancy Dress is prized but not compulsory.

Entry Fees are £4.00 (adults) or £3.00 (children). Cheques should be made payable to 'Stainland Lions Running Club'.

All proceeds go to Martin House Children's Hospice(75%) and DeBRA(25%). Martin House cares for and supports over 80 local (Kirklees and Calderdale) children and their families. DeBRA in the national charity working on behalf of people in the UK with Genetic skin blistering condition EB.

After the run is our Charity Auction in the Red Lion. Please stay on and bid for very assorted items.

Entry Form

Entries on the day are welcome, but if you can, pre-register, by sending this form with your entry fee to:

Liz McGrath, Stainland Lions Fun Run,
296 Reinwood Road,
Quarmby,
Huddersfield, HD3 4DS

Closing Date for pre-registration is Friday 19 December 2008. Please keep a copy of your form, and bring it with you on the day. Race numbers will not be issued.

Full Name: [_____]
 Address: [_____]
 [_____]
 Post Code [_____] Home/Mob Tel: [_____]
 Email: [_____] Male [] Female []
 Date of birth: [_____]

Please enter me for the Stainland Lions 2008 Boxing Day Fun Run.

I am medically fit to take part and will not hold the organisers responsible for loss, damage or illness or injury directly or indirectly incurred in taking part.

Signed [_____] (parent/guardian if under 16)

More information about the Fun Run course and about Stainland Lions is available from www.stainlandlions.com. Information about Martin House is available from www.martinhouse.org.uk. Martin House is a charity registered under no 517919